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Track : 2016-05-26Infornace via Rionne e Cieri

IBP : 104

Detected modality : HKG (Hiking)

Reanalyzed as **BYC (Bicycle) (ibp_analisis_completo.php?REF=36734420507184&MOD=BYC&LAN=en&REM=&SMD=m) RNG (Running) (ibp_analisis_completo.php?REF=36734420507184&MOD=RNG&LAN=en&REM=&SMD=m)**

Reliability of the original trail: A (853/96/0/-/-/96)

Level of correction applied to the trail: 0

Total length: 12.251 Km **mi / ft ?**

Analyzed distance: 12.251 Km

Lineal distance: 0.007 Km

Accumulated climb: 947.51 m

Accumulated descent: 944.94 m

info Points list (ibp_listadepuntos.php?REF=36734420507184&MOD=HKG&LAN=en&SMD=m)

Maximum height: 2459.19 m

Minimal height: 1578.14 m

Start height: 1580.54 m

End height : 1583.11 m

Climb rate: 16.28 %

Descent rate: 15.41 %

Positive climb difference per Km: 77.34 m

Negative descent difference per Km: 77.13 m

Total time: 6:54:44 h

Time in movement: 4:04:15 h

Stopped time: 2:50:29 h

Trail difficulty



Max slope filter: ~55 %

Min. points separation: ~30 m

Number of points: 3306 (cad. 3.71 m)

Significant points: 380 (cad. 32.33 m / 11.49 %)

Direction changes per Km: 17.63

Direction changes >5º per Km: 11.75

Accumulated straight stretches: 2.207 Km

Straight stretches per Km: 180.15 m

Penalizables slope changes: 3

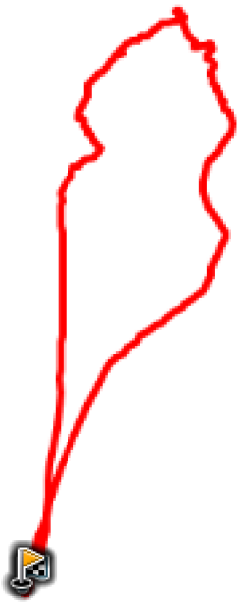
Penalizables slope changes per Km: 0.245

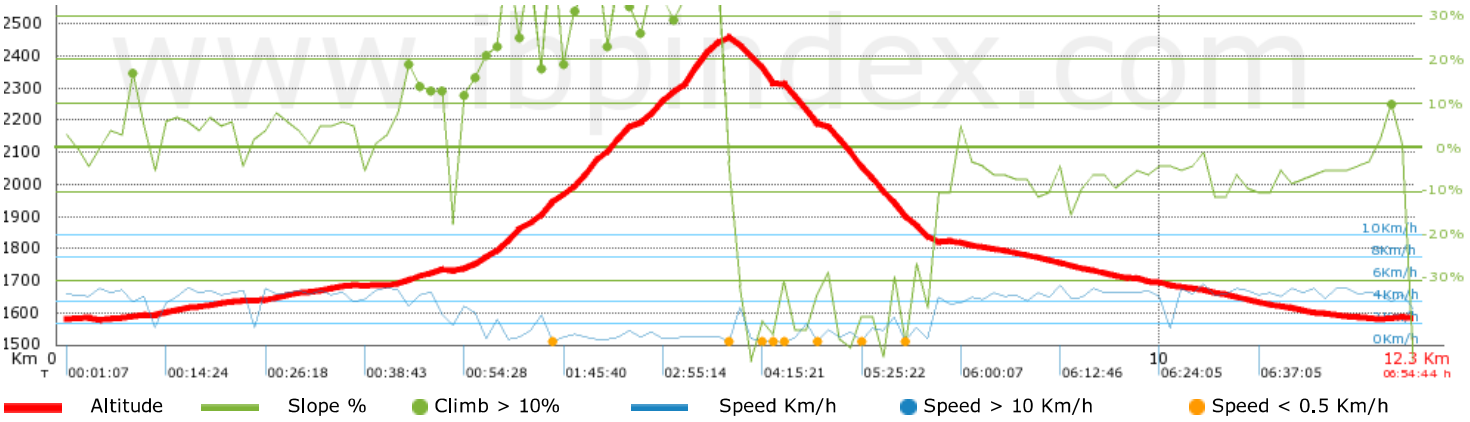
Total speed average: 1.77 Km/h

Average speed in movement : 3.01 Km/h

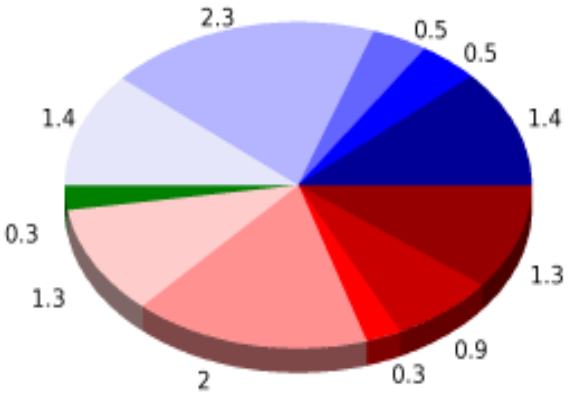
Maximum held speed: 5.76 Km/h

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Summary of slopes Km



Climbs	Distance Km	Km above the total in %	Speed in Km/h	Time h:m:s
Between 30% and 55%	1.298	10.6	1.9	0:40:59

	Between 15 and 30%	0.925	7.55	2.11	0:26:16
	Between 10 and 15%	0.346	2.83	4.09	0:05:05
	Between 5 and 10%	1.965	16.04	3.9	0:30:12
	Between 1 and 5%	1.285	10.49	4.34	0:17:45
	Total	5.82	47.5	2.9	2:00:17
Plain					
	Difference of 1%	0.299	2.44	3.92	0:04:34
Breakdown descents					
	Between 1 and 5%	1.441	11.76	4.26	0:20:17
	Between 5 and 10%	2.345	19.14	4.45	0:31:36
	Between 10 and 15%	0.457	3.73	4.27	0:06:25
	Between 15 and 30%	0.504	4.11	2.12	0:14:14
	Between 30% and 55%	1.386	11.32	1.77	0:46:52
	Total	6.133	50.06	3.08	1:59:24
	Total track:	**12.251**	**100 %**	**3.01**	**4:04:15**

High altitude parameters, data above 1500 m

High altitude parameters, data above 1500 m							
Altitude m	**Distance Km**	**% of total**	**Time in movement**	**Speed**	**Stopped time**	**Total time**	**Speed total**
2250	1.245	10.16	0:31:44	2.35	1:27:33	1:59:17	0.63
2000	1.497	12.22	0:52:50	1.7	0:48:32	1:41:22	0.89
1750	2.666	21.76	1:02:42	2.55	0:34:24	1:37:06	1.65
1500	6.843	55.86	1:36:59	4.23		1:36:59	4.23
Total:	**12.251 Km**	**100 %**	**4:04:15 h**	**3.01 Km/h**	**2:50:29 h**	**6:54:44 h**	**1.77 Km/h**

Stops

Stops					
Distance Km	**Stopped time**	**Altitude**	**Elapsed time**	**Last stop elapsed time**	**Last stop distance**

3.839	0:03:18	1768	0:57:59	0:57:59	3.839
4.049	0:06:44	1812	1:07:12	0:09:13 < 10'	0.21
4.359	0:10:26 > 10'	1905	1:22:21	0:15:09	0.31
4.48	0:04:02	1945	1:36:56	0:14:35	0.12
4.539	0:02:28	1963	1:43:12	0:06:16 < 10'	0.06
4.691	0:02:27	2007	1:52:12	0:09:00 < 10'	0.152
4.809	0:03:39	2050	2:00:06	0:07:54 < 10'	0.118
4.9	0:18:49 > 10'	2085	2:07:28	0:07:22 < 10'	0.091
5.202	0:09:28	2182	2:34:06	0:26:38	0.302
5.445	0:05:51	2250	2:52:26	0:18:20	0.243
5.624	0:20:20 > 10'	2301	3:05:10	0:12:44	0.179
5.867	0:04:54	2410	3:27:25	0:22:15	0.242
6.016	0:21:25 > 10'	2456	3:37:13	0:09:48 < 10'	0.15
6.171	0:03:21	2433	4:01:54	0:24:41	0.154
6.262	0:04:08	2398	4:08:57	0:07:03 < 10'	0.091
6.355	0:07:09	2364	4:15:21	0:06:24 < 10'	0.094
6.478	0:03:22	2315	4:25:57	0:10:36	0.123
6.538	0:14:26 > 10'	2322	4:30:43	0:04:46 < 10'	0.06
6.63	0:02:37	2286	4:47:17	0:16:34	0.093
6.779	0:02:37	2224	4:55:56	0:08:39 < 10'	0.149
6.841	0:04:29	2200	5:00:33	0:04:37 < 10'	0.062
7.002	0:02:43	2165	5:09:16	0:08:43 < 10'	0.161
7.159	0:04:20	2101	5:16:44	0:07:28 < 10'	0.157
7.586	0:04:23	1932	5:36:56	0:20:12	0.427
7.767	0:03:03	1872	5:47:53	0:10:57	0.181
Total:	**2:50:29 h**				

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Marco has considered that this analysis of a trail could be of your interest.

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